



ALPINE INDEPENDENT SCHOOL DISTRICT

Becky McCutchen, Superintendent

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"Alpine ISD will provide our children with learning experiences to be responsible, productive, and successful citizens of an ever changing world."

September 21, 2020

Dear Parents/Guardians,

This letter is to notify you that your child may have been exposed, at Alpine High School, to someone diagnosed with coronavirus disease 2019 (COVID-19) between Thursday, September 17, 2020 and Monday, September 21, 2020. COVID-19 is a disease caused by a novel coronavirus, SARS-CoV-2.

Beginning immediately, Alpine High School will switch to remote learning for all the students for the next 14 days. Alpine High School will offer remote instruction only from Tuesday, September 22, 2020 thru Monday, October 5, 2020. In-person learning will resume at Alpine High School on Tuesday, October 6, 2020. Alpine Elementary School and Alpine Middle School will continue with in-person instruction as scheduled.

COVID-19 is primarily spread from person-to-person and people typically become infected by coming in close contact (within 6 feet) with a person with COVID-19. You can become infected from respiratory droplets when a person with COVID-19 coughs, sneeze or talks. It is also possible to get COVID-19 by touching a surface that has the virus on it and then touching your eyes, nose, or mouth. Symptoms of COVID-19 include, but are not limited to, fever, cough, shortness of breath, sore throat, runny nose, muscle aches, fatigue, headaches, nausea, vomiting, diarrhea, and decreased sense of taste or smell.

Symptoms usually appear 2-14 days after exposure. How bad symptoms are and how long they last can be different for each person. Some people can test positive for the virus without ever having any symptoms. If you notice any of the above symptoms in your child, please consult with your physician.

Health Recommendations

- Practice social distancing and avoid close contact with others outside your household
- Wear a cloth face covering that covers the nose and mouth in public settings
- Wash hands with soap and water for 20 seconds OR use an alcohol-based hand sanitizer that contains at least 60% alcohol
- Clean and disinfect frequently touched surfaces
- Children and staff with symptoms consistent with COVID-19 must be excluded from school and other public activities until:
 - 10 days after symptoms first appeared AND
 - No fever for at least 24 hours without using any fever-reducing medication AND
 - Other symptoms have improved.
- Children and staff who test positive for COVID-19 but do not have any symptoms

must stay home until at least 10 days after the day they were tested

- Household members and other close contacts of children or staff with COVID-19 must stay home until the end of their quarantine (14 days after their last exposure to the person with COVID-19) in case they become sick.
- If your child begins experiencing any COVID-19 symptoms, please consult with your health care provider or call the DSHS Public Health Region 9/10 at 888-963-7111 or 915-834-7675.
- If you or your child become ill and it is a medical emergency, call 9-1-1 and seek medical care immediately

DSHS Public Health Region 9/10 is working with us to identify those who were in close contact with the person who tested positive. A person from the health department may contact you directly. If you do not receive notice of close contact and the need to quarantine, then your child was not identified as a close contact.

If you have any questions, please contact Dr. Rachel Sonne, DSHS Public Health Region 9/10, at 888-963-7111 or 915-834-7675, or your campus principal listed below:

Alpine Elementary School
Verl O'Bryant
432-837-7730

Alpine Middle School
Justin Gonzales
432-837-7710

Alpine Middle School
Cody Patterson
432-837-7720

Superintendent
Becky McCutchen
432-837-7700

Thank you,



Becky McCutchen
Superintendent of Schools