

COULD YOU USE SOME HELP?

FREE ERRANDS: GROCERY DELIVERY, ETC.

Want to be safe and “Shelter In Place” to protect your health but still need to get groceries, pick up prescriptions, mail items at the Post Office or other basic errands?

Big Bend Area Supply Assistance Group is a group of local folks in the tri-county area who have offered to help with pick-up & delivery of basic items so everyone can stay safe and healthy - all you have to do is ask! Their help is free, but you would still need to pay for items being picked up or delivered.

The group can take requests for help in one of the following two ways:

1) Online through their Facebook page (search for the **Big Bend Area Supply Assistance** group).

2) By phone or text at **(512) 879-7611**. Please leave a message with your name, call back number, and what you need.

ARE YOU OKAY?

“R-U-O-K?” is a program by the **Alpine Police Department for elderly and/or disabled citizens of the City of Alpine** that has operated for many years. An Alpine Police Dispatcher will arrange a schedule to check in with you on the phone. If you need it, an officer will come out to help deliver items such as medication or groceries.

This program is also free of charge, though once again you will need to pay for any items being picked up or delivered.

If you have any questions or if you want to register for the program, contact the Alpine Police Department and speak to a dispatcher at **(432) 837-3486**. Please have your address and phone number ready.

**The ALPINE POLICE DEPARTMENT
is proud to serve our community!**

OTHER SERVICE ORGANIZATIONS

Food Pantry of Alpine (432) 294-5053 www.foodpantryofalpine.org

Big Bend Community Action Committee – Assistance with utility bills and medical transportation. (432) 837-2142 www.bbcac.org

Sunshine House – Meals on Wheels and emergency food boxes for seniors. (432) 837-5402 www.sunshinehousealpine.com

Family Crisis Center of the Big Bend – Assistance for victims of domestic violence, sexual assault, and violent crime. (432) 837-7254 www.familycrisiscenterofthebigbend.com

Alpine Humane Society – Adoption and foster placement of dogs and cats, pet food pantry and vet bill assistance. (432) 837-9030 or (432) 837-3400 www.alpinehumanesociety.org

Salvation Army – Assistance with housing, utilities, prescriptions, and other needs. alpineserviceunit@gmail.com

Ministerial Alliance – Assistance with housing, utilities, clothing and other needs. (432) 386-8101

Brewster County Sheriff's Office – Utility assistance to seniors. (432) 837-3488 www.brewstercountytexas.com

Presidio-Brewster County Indigent Healthcare Program – Medical care assistance. (432) 837-7051 www.bbrhd.com/pbcihp.html

Preventative Care Health Services in Alpine – Sliding scale payment (medical / dental). (432) 837-4555 www.pchsmclinic.org

Texas Rio Grande Legal Aid – Free legal advice about housing, eviction, employment, etc. (432) 837-1199 or (888) 988-9996 www.trla.org/alpine

Alpine Housing Authority – Public housing and Voucher Program. (432) 837-2648

Our Lady of Peace Catholic Church – Assistance for emergency expenses. (432) 837-3304

PermiaCare MHMR – Mental health services, intellectual / developmental disability services, substance abuse services, veterans services, and HIV services. (432) 837-3373 or (844) 420-3964 www.permiacare.org

Texas Workforce Solutions Borderplex – Help finding work, job training, child care support. Special resources for students / veterans. (432) 837-9800 www.borderplexjobs.com

Big Bend COVID-19 Pandemic Relief Fund – Assistance to Brewster County residents who have lost their jobs or income because of the pandemic. www.bigbendaid.org